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Shutdown mirrors fears yet Schumer backs strategy

Amid Trump’s defiance, Democratic leader sees an opportunity for party

By Julian E.J. Sorapuru
GLOBE STAFF

WASHINGTON — Seven months ago, Senate minority leader Chuck Schumer saw a future he didn’t like.

Faced with the dilemma of whether to keep the federal government funded by signing onto a Republican short-term spending bill or withholding

SHUTDOWN
DAY 28

12

Failed Senate votes

Sept. 19

Date of last session

594,048

Workers furloughed

35 days

Longest-ever shutdown

Democrat votes to send a message of resistance to the Trump administration, the senator from New York chose the former, much to the chagrin of many of his fellow Democrats.

“As bad as passing the continuing resolution would be, I believe a government shutdown is far worse,” Schumer wrote in The New York Times in March.

If the government shut down, Schumer predicted, President Trump would gain unilateral control of government spending and use that power to further advance his priorities — such as firing federal workers and cutting programs that don’t align with his agenda.

Sound familiar?

It’s exactly what the Trump administration has done thus far during a government shutdown that has reached 28 days. Trump’s top budget official, Russell Vought, has overseen the firing of 4,000 federal employees (which a judge has temporarily blocked in court) and canceled billions of dollars in federal funds for clean energy and transportation projects largely in Democrat-controlled cities and

SCHUMER, Page A6

Jamaica urges residents to flee massive storm

Category 5 hurricane expected to unleash landslides, historic floods

By John Myers Jr. and Dánica Coto
ASSOCIATED PRESS

KINGSTON, Jamaica — Hurricane Melissa intensified into a Category 5 storm Monday as forecasters expected it to batter Jamaica with catastrophic flooding, landslides, and widespread damage. At that strength, it would be the strongest hurricane to hit the island since record-keeping began in 1851.

Blamed for seven deaths in the northern Caribbean as it headed toward the island, Melissa was on track to make landfall Tuesday in Jamaica before coming ashore in Cuba later in the day and then heading toward the Bahamas. It was not expected to affect the United States.

Anticipating the hardship in store for his country, Jamaican Prime Minister Andrew Holness said, “I have been on my knees in prayer.”

Hanna Mcleod, a 23-year-old hotel receptionist in the Jamaican capital of Kingston, said she boarded up the windows at her home, where her husband and brother are staying. She stocked up on canned corned beef and mackerel and left candles and flashlights throughout the house.

“I just told them to keep the door closed,” she said. “I am definitely worried. This is actually the

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JESSICA RINALDI/GLOBE STAFF

Tarshia Green-Williams oversaw homework with her children, from left: Pharoah Polanco, 5, Empress Polanco, 2, Tania Williams, 7, and Talia Williams, 8, at their home in Dorchester. Green-Williams opposes proposed changes to exam schools’ admissions.

Who gets into exam schools?

BPS considers shift in admissions policy that rolls back some diversity efforts

By John Hilliard
GLOBE STAFF

Fewer than five years ago, amid a national reckoning on race, Boston’s school leaders were hailed for approving an admissions policy to diversify Boston Latin and its other exam schools. It was considered a win for racial equity.

Now, amid another national reckoning, led by the Trump administration’s crack-down on race, diversity, and inclusion efforts, Boston’s school leaders are proposing a new admission policy for the elite secondary schools that would remove some factors that helped diversify the campuses.

The recommended changes would eliminate bonus points for applicants coming from high-poverty schools, according to the district. Administrators also call for reducing

‘Nationally, we’re retreating so much, and we’ve lost so much ground in the last year.’

TRAVIS MARSHALL,
a parent opposed to the policy change

the number of points students receive if they are homeless, live in public housing, or are in the care of the Department of Children and Families. The recommendations also call for eliminating all socioeconomic considerations for one-fifth of seats at each exam school.

A School Committee vote is expected Nov. 5 on the policy, which applies to Boston Latin School, Boston Latin Academy, and the John D. O’Bryant School of Math and Science.

Proponents argue the changes are needed to make the admissions process simpler and more predictable. The district is pushing for this as a group of parents alleging the current policy discriminates against white students filed a federal lawsuit in July.

But critics say the recommendations could reverse the progress that made the trio of competitive public schools more economically and racially diverse.

In a city like Boston that has long struggled with the legacy of school segregation, the proposal has reawakened a debate over which students get to attend the most com-

EXAM SCHOOLS, Page A10

The many political lives of Carlo DeMaria

For Everett mayor, another reelection bid, another scandal

By Stephanie Ebbert
GLOBE STAFF

EVERETT — People have learned not to bet against Carlo DeMaria.

The longtime mayor, known for luring Greater Boston’s first casino to his scrappy industrial city, has been counted out more times than most.

His 2013 reelection came just weeks before he cooperated with a federal investigation of a friend — and convicted felon — who had been an owner of the property where the Encore Boston Harbor casino would be built. The following year, four women told the Globe that he had sexually harassed them; he went on to win the next reelection unopposed. (DeMaria strongly denied the claims.) He won again in 2021, this time narrowly, after the city clerk accused him of demanding nearly \$100,000 in profits on the sale of an Everett house; the clerk is still suing the city, saying he was



JESSICA RINALDI/GLOBE STAFF

At the end of a City Council meeting in Everett last month, Bill Thomson gestured to the crowd that gathered to protest the mayor.

docked legitimate pay in retaliation for the dispute.

Now, as he seeks a seventh term, DeMaria is facing perhaps his toughest challenge yet: outrunning the perception he took advantage of his office, to the detriment of Everett taxpayers. Early this year, the state inspector general reported De-

Maria had inappropriately pocketed \$180,000 in city money by orchestrating excessive “longevity” bonuses for himself and then hiding the payments in the budget. The Everett City Council passed a resolution demanding DeMaria pay the money back and, when he refused, took a

DEMARIA, Page A10

Measuring blood sugar moves beyond diabetics

By Sarah Rahal
GLOBE STAFF

Continuous glucose monitors — tiny sensors once reserved for people with diabetes — are now appearing on the arms of runners, nutrition enthusiasts, and wellness influencers. As the devices have become available over the counter and easier to use, a new wave of health-conscious adopters is using them to peek inside the body, tracking how food, stress, and sleep affect blood sugar in real time.

For some users, the insights can be eye-opening.

Rhianne Berardi, a certified health coach from Canton, wore one for six months. She discovered that white flour and processed foods spiked her blood sugar more than table sugar did and that starting meals with protein and fiber helped stabilize her energy.

“I noticed spikes in my blood sugar cause crashes and really impacted my mood. It changed how I started my day, because what I eat at 11 a.m. affects how I feel at 7 p.m.,” said Berardi, 43.

Continuous glucose monitors have become hugely popular and a billion-dollar business. While still a small percent of the overall market, the over-the-counter segment is nonetheless expected to grow to \$2 billion by 2034, from \$370 million in 2024, according to research firm Global Market Insights.

GLUCOSE, Page A7

Go with grays

Tuesday: Cloudy, breezy. High 53-58, low 45-50.

Wednesday: Ditto.

Sunrise: 7:13. Sunset: 5:42

Weather and comics, **D5-6.**

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Suggested retail price

\$4.00



ERIN CLARK/GLOBE STAFF

Sales of homes in Greater Boston are beginning to slowly rise as mortgage rates dip slightly. **D1.**

Results from a survey show widespread discontent among staffers at the State House, as lawmakers hold a hearing this week on legislation that would allow them to unionize. **B1.**

Models posed for photos after “Texture Takes the Stage: A Celebration of Textured Hair and Culture” was held in Allston. **B1 and B3.**

ICE officers detained a British political commentator, purportedly for comments he has made about the Middle East. **A2.**

A UN human rights commission concluded Russia had committed crimes against humanity and war crimes for its drone attacks targeting civilians in the city of Kherson in southern Ukraine. **A3.**

Jack DeJohnette has died. The legendary melodic jazz drummer, 83, had success with a solo career and as part of a trio with Keith Jarrett and Gary Peacock. **C9.**